

**Individual, Group, & Family Psychotherapy** 

**Ze'ev Korn, LCSW, MSW, M.Ed.** 310-915-3232; zkorn@solutionfinders.org

## Chanukah Family Dreidel Game

## **Instructions:**

Sit with your family and or friends. Take turns spinning the dreidel. If a player lands on one of the following do what it says after that letter.

If the dreidel lands on the letter	Do the following:
Nun	Do nothing.
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Gimmel	Give one compliment to each of the other players.
Hay	Get one compliment from each of the other players.
Shin	Give yourself a compliment (or complete and say the following statement "I am good at").